



## **Croatian Eagles Soccer Club Health and Safety Policy**

Croatian Eagles Soccer Club (CESC) recognizes its responsibility for protecting the safety and security of its players. The Policy applies to all staff, coaches and volunteers working with and/or representing CESC.

At all times during which players are under the supervision of CESC, including but not limited to practices and games, staff, coaches, and volunteers must ensure that:

- Players wear appropriate footwear and protective equipment;
- Players are never to hang or climb on goals; and
- Players that sustain a blow or hit to the head or face whether in practice or a game will have concussion protocol (Concussion Procedure and Protocol Attached) implemented by the coach, volunteer, or medical trainer.

In addition, coaches must ensure that:

- Age appropriate equipment is used in practices. For example, soccer balls should be the correct size and pressure based on the age of the players;
- Playing fields are inspected prior to practices and games for any possible hazards or debris that can be deemed unsafe. This is also encouraged before games to assist the referees in case something is missed during the pregame inspection;
- Violent behavior and aggressive play is discouraged;
- Good sportsmanship and fair play are both displayed and encouraged;
- First Aid certified individuals are identified prior to the start of all practices and games;
- During warm weather, additional and more frequent water breaks are provided to players;
- And
- At all times the health and safety of the players remains a top priority.

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